

## Memory Catcher – Prompts (sample list)

This list of prompts is designed to help the facilitation of your activity. The prompts aim to elicit experiences, anecdotes and stories from participants. Participants can draw upon their personal cherished memories to search for old artefacts or create simple handicrafts.

	<i>Prompts</i>	<i>Things to make or find</i>
1.	How would you represent or portray each of your family members?	Photographs, drawings of zodiac signs or horoscopes etc.
2.	What are your fondest family memories?  e.g. childhood, special events, family vacations	Photographs, family mementos, travel trinkets, etc.
3.	What are some important dates for your family?  e.g. birthdays, anniversaries	Tags, craft papers, etc.
4.	What are your important values in life?  e.g. happiness, gratitude, honesty	Tags, craft papers, etc.
5.	What are your dreams and wishes?  e.g. personal, family	Message bottles with slips of paper, etc.

This list is just for your reference. You may also add on to this list or design your own if you wish.